**Homeless and Inclusion Health Meeting - Nurses**

**17 Jan. 2017 2pm – 4pm**

**NASUWT Mews, Young Street North Lane, Edinburgh**

**Clare Cable** opened proceedings, welcoming all attendees and thanking them for their interest. She provided an overview of the history of the Faculty for Homeless and Inclusion Health, within Scotland and the UK.

Clare highlighted that there was potential for a Nurses network which would sit as part of the Scottish Faculty, and this group was here to see establish what such a network should look like.

**Attendees:**

**Clare Cable,** Chief Executive and Nurse Director, QNIS

**Emma Doyle,** Senior Health Improvement Officer - Public Service Reform, NHS Health Scotland (Secretariat of the Scottish Faculty for Homeless and Inclusion Health)

**Hugh Hill**, Simon Community Scotland

**Dr. Roseanne Cetnarskyj**, Senior Lecturer, Glasgow Caledonian University (GCU)

**Helena Kelly**, Lecturer in Adult Nursing and Community Health, GCU

**Lorna Costley**, Health and Homeless Charge Nurse, NHS Ayrshire and Arran

**Jamie Lambie** Practice Nurse, Edinburgh Access Practice

**Jess Davidson**, Senior Clinical Forensic Charge Nurse, NHS Lothian

**Ryan Craik**, Student Mental Health Nurse, Napier University, currently at the Edinburgh Access Practice

**Doneil MacLeod**, Practice Mental Health Nurse, Edinburgh Access Practice

**Liz Wilson**, Advanced Nurse Practitioner Marywell Healthcare Centre (Practice for Homeless), Aberdeen

**Sylvia Burn**, Advanced Nurse Practitioner, Marywell Healthcare Centre (Practice for Homeless), Aberdeen

**Sally O Brien**, Senior Nurse Manager, NHS Fife

**Fiona Cuthill**, Lecturer, University of Edinburgh

**Jayne Churchill**, Specialist Mental Health Nurse/Counsellor, NHS Lothian

**Rob Mackie**, Policy and Communications Manager, QNIS

**Presentation – Creating Connections: How do we engage with people when traditional engagement is hard?**

**Jayne Churchill** shared her thoughts on client engagement and her experience with motivational interviewing. She talked about how difficult it is to resist the righting reflex and listen to where individuals are coming from. Jayne talked about the need to ensure that people are fully informed, whilst not to throwing information at them, instead drip-feeding, what’s important, when it’s wanted and relevant.

Jayne finished by talking about the need to look at how to we organise our services to enable meaningful engagement.

**Jess Davidson** then spoke about engagement from her perspective in criminal justice. She said that formerly, doctors were paid huge amounts to come into custody to prescribe, but now nurses are providing that role and providing innovative input to the healthcare systems in what she called ‘engagement plus’.

She talked about the significance of getting to the bottom of what is important to the person, it might be something unexpected. Jess also spoke about how sometimes your own willingness to be vulnerable can open doors, and lead to a breakthrough in a relationship.

She spoke about the Sunday Choices project, introducing SACRO workers to custody on a Sunday, and how its success has led to replication elsewhere in NHS Lothian, with inclusion helping reduce crime and reoffending.

The session opened up into general discussion.

Topics discussed included:

* Ensuring systems help get to the core of what people want
* The need to engage with all people in a positive, meaningful way – allowing people to be themselves and bring what’s important to them.
* The need to put values and ethics at the heart of all we do.
* The importance of letting people engage within their comfort zone, allowing individuals to sit and be silent for a long time.
* Providing safe time and space where people can approach when they are ready

**Next steps for the Nurses in Homeless and Inclusion Health Network**

Agreed Actions:

* Instead of developing a nursing only newsletter, potential articles will be fed into the newsletters provided by the Faculty at a Scottish and UK level. To receive these newsletters, sign up [here](http://www.pathway.org.uk/faculty/join/), and make sure to check the box marked ‘Scotland’ under local meetings.
  + articles may include sharing best practice and mapping upcoming relevant events across Scotland
* The Group will:
  + seek to become an expert working group for nurses – take forward a Scottish voice on homeless and inclusion health, inspiring nursing research in the area, inform policy and proactively influence policy
  + look at standards and pathways from a Scottish perspective. Currently the UK Faculty is revising its Standards for Commissioners and Service Providers, but it will be different in Scotland given the different approach to commissioning. The Scottish Faculty has no current plans to contribute to the revisions, or to produce separate standards, so this group can effectively lead on this.
  + consider developing a series of briefing papers on different aspects of homelessness and inclusion, if funding can be found.
  + provide personal and professional support to nurses who are working in the area of homeless and inclusion health.
* **Lorna Costley** and **Jamie Prentice** indicated a willingness to join any steering committee established by the Scottish Faculty to retain the links between the two.
* **Fiona Cuthill** and **Hugh Hill** offered to help coordinate this group. Fiona indicated she was happy to scope out what exists already, other groups in relevant areas, for example RCN groups on alcohol and drugs.
* The next meeting of the **Scottish Faculty is** **March 28th** in Edinburgh at the Royal College of Surgeons. To attend this meeting, [register here](https://www.eventbrite.co.uk/e/scottish-health-and-homelessness-conference-2017-tickets-31348960585).
* The Group will meet every six months, alternating between Edinburgh and Glasgow.
* The next meeting of this Group will be in September, in Glasgow, at GCU
* **Clare Cable** will investigate the potential for funding travel for those coming from further distances to ensure inclusivity.