

#BeBoldForChange



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I was working on the proof of one of my poems all the morning, and took out one comma. In the afternoon I put it back again. (Oscar Wilde)





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International Nurse Researcher Hall of Fame

The International Nurse Researcher Hall of Fame is one of STTI's International Awards for Nursing Excellence. Since 2010, STTI has been inducting nurse researchers who have achieved significant and sustained broad national and/or international recognition for their work; and whose research has impacted the profession and the people it serves.

All active STTI members are eligible. STTI Board of Directors, STTI staff, STTI consultants and contracted staff, and members of the judging committee are not eligible and cannot support nominations.

2014 International Nurse Researcher Hall of Fame
 The 2014 International Nurse Researcher Hall of Fame award presentation, sponsored by Wiley, will take place on Saturday, 26 July at STTI's 25th International Nursing Research Congress in Hong Kong, 24-28 July 2014.

2015 Call for Entries
TBA.

2015 Deadline
TBA.



<http://app.info.science.thomsonreuters.biz/er?er?er?s=1556&lid=11614&elq=e0f0128b6ae6469984211159a3033a99>

2014 Thomson Reuters Highly Cited Researcher



REUTERS/Fabian Birmer





International Practice Development Journal

Online journal of FoNS in association with the IPDC (ISSN 2046-9292)



The Foundation of Nursing Studies, in conjunction with the International Community of Practice for Person-centredness, is delighted to publish this **special issue** of the International Practice Development Journal on **person-centredness**.

The papers in this timely issue explore a range of perspectives on person-centredness and represent an important contribution to the discussion from world renowned academics. Professor Gaby Jacobs of Fontys University of Applied Science, The Netherlands says *'each paper contributes a small piece to this puzzle of establishing and legitimising person-centred practice as an approach to creating high-quality and cost-effective care'*.

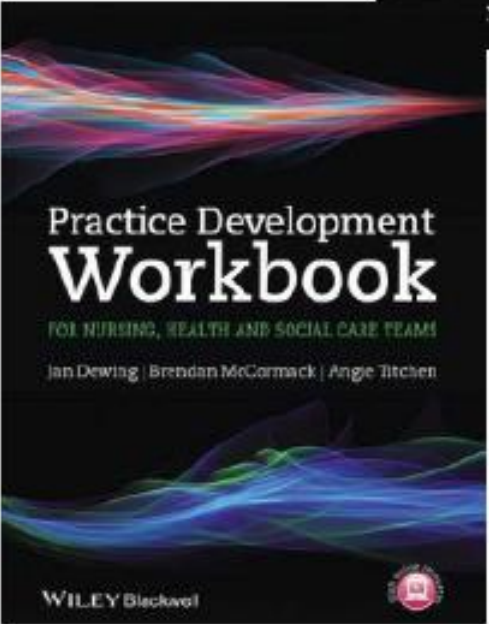
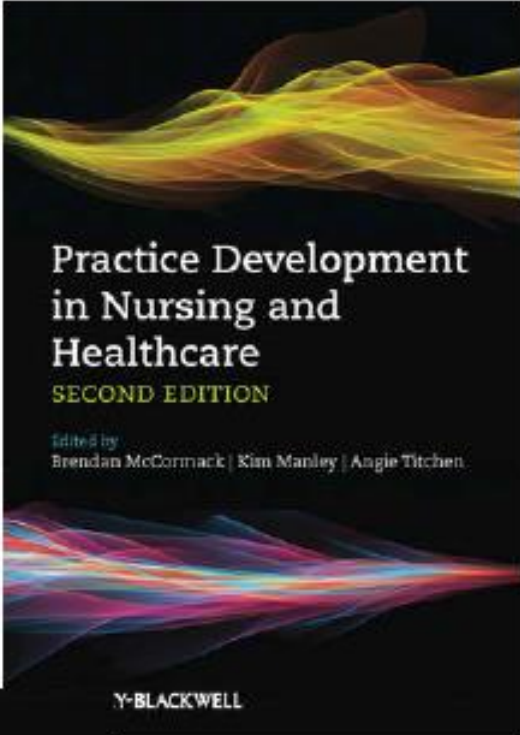
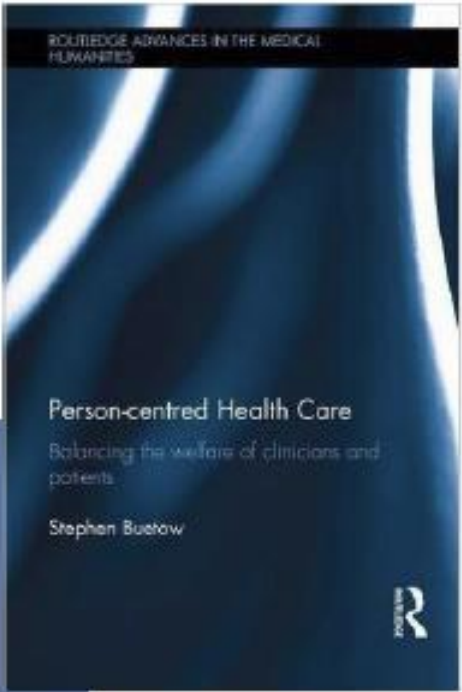
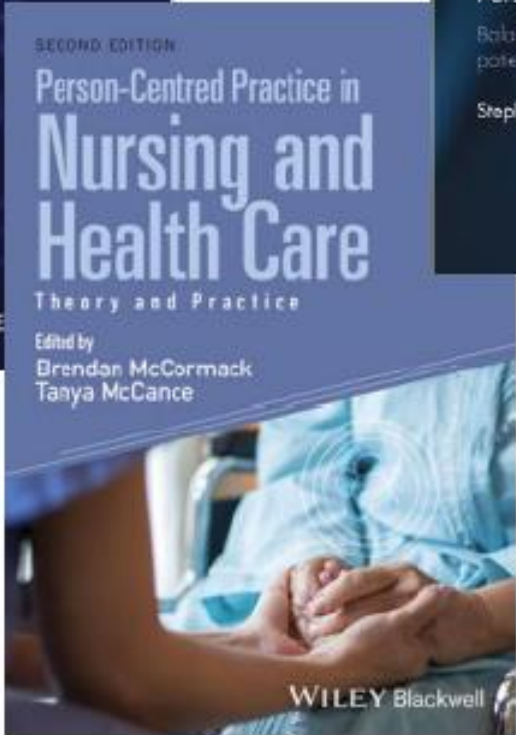
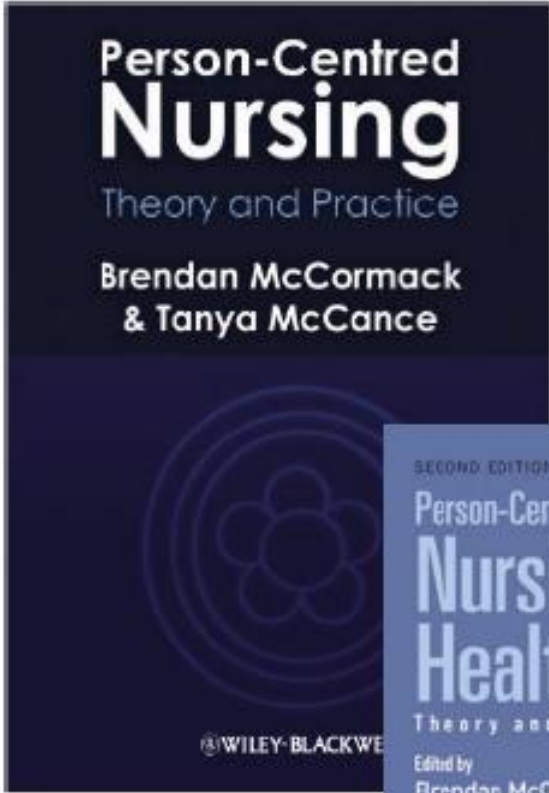
Editorial

The editorial is written by Jan Dewing, IPDJ Academic Editor

Guest Editorial

The currentness of person-centred practice

Gaby Jacobs, Professor and Head of Knowledge, School of People and Health Studies, Fontys University of Applied Science, Eindhoven, The Netherlands



TED^xUWS

x = independently organized TED event

[Brendan TEDx](#)

THE ARTISTRY & CREATIVITY OF KNOWLEDGE -
THE RHYTHM, ~~MOVEMENT~~ & FLOW OF AUTHENTIC BEING.

EMPTY 99

NOT EVER AND NEED
TO BE DOTTED & CROSSED

PROJECT AND
MENTAL HEALTH

JUST WANTED
TO BE LOVED

WHAT WE DISCOVERED WAS
THEY WANTED GENEROSITY.

WHAT WE FOUND WAS THE
ALONE & UNLucky PEOPLE
NEVER GET THE HELP
THEY NEED.



HOW DO
WE PUT
EMPATHY IN?

HOW DO WE HELP IT FIT?



HOW
CAN
WE GET
OTHERS
TO SEE
THE
~~OUTCOME~~
OUTCOME
RIGOR?



SO
WE MADE A FILM
AND USED THIS AS OUR DATA



DIALOGICAL DATA
A PROCESS WHICH IS USED ALOT IN
FINLAND.

HOW DO WE FLURISH



HOW DO WE GET
PEOPLE'S VOICES
HEARD?

WE'VE DONE A BIT
OF PATIENT NARRATIVE
& WE'VE CHANGED THE
WORLD! IT'S NOT
ENOUGH THOUGH

ESR RESEARCH
FUNDING BODIES.
NOT INTO CREATIVE
METHODOLOGIES

YOU COULD
CALL ME A
METHODOLOGY
SLUT

IT'S HARD FOR HEALTHCARE
TO ALLOW US TO THINK OUTSIDE
OF THE BOX

GREAT NOT
TO BE ON
HOLIDAY...

WE DID HAVE
THIS GREAT
IDEA ABOUT
GETTING RID
OF OUR DISSERTATION
... BUT NO...

THE HEALTHCARE PARADIGM

WE KICKED
OFF WITH OUR
SHOWING WITH
A DANCE

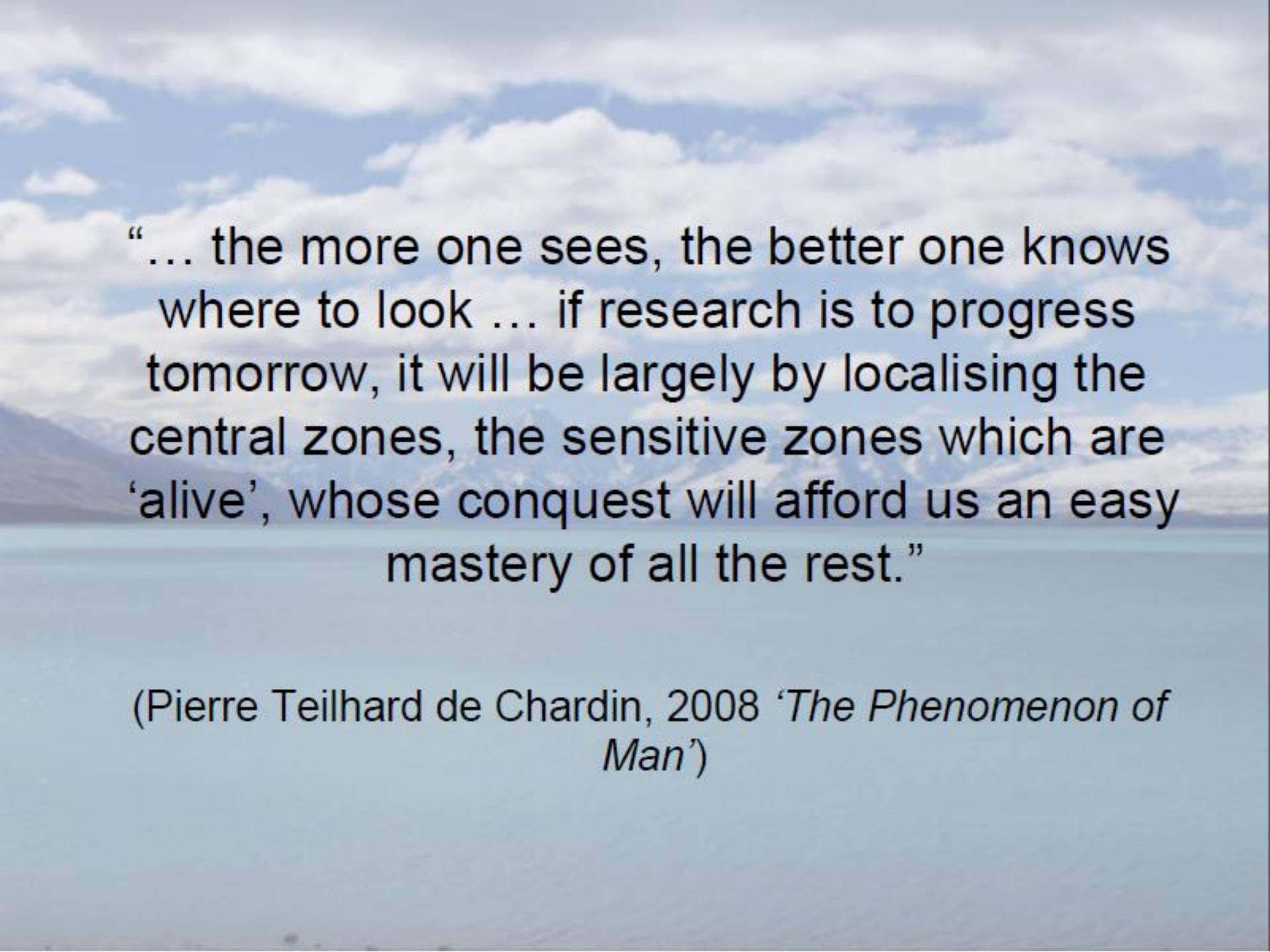
WE MANAGED
GET A
POLICY
CHANGE



MEASURE

The need to “...study human experience from the ground up, from the point of interacting individuals who, together and alone, make and live histories that have been handed down to them from the ghosts of the past”

(Lincoln & Denzin, 2000)



“... the more one sees, the better one knows where to look ... if research is to progress tomorrow, it will be largely by localising the central zones, the sensitive zones which are ‘alive’, whose conquest will afford us an easy mastery of all the rest.”

(Pierre Teilhard de Chardin, 2008 *The Phenomenon of Man*)

Lessons Learned from Service Improvement Work



Queen Margaret University
EDINBURGH

- Measurement and Compliance do NOT change practice, they create a culture of fear.
- FEAR restricts innovation and creativity.
- Need for person-centred services & cultures.
- Only learning through practice creates sustainable cultures of quality.

Person-centredness



“Person-centredness is an approach to practice established through the formation and fostering of healthful relationships between all care providers, service users and others significant to them in their lives. It is underpinned by values of respect for persons (personhood), individual right to self determination, mutual respect and understanding. It is enabled by cultures of empowerment that foster continuous approaches to practice development”.

(McCormack & McCance 2017)



Queen Margaret University

EDINBURGH

The concept of 'person'

- What values I consider to be important
- How I express my beliefs
- How I engage emotionally in my relationships
- My dreams, hopes and desires
- The kind of life that I want to live / kind of person I want to be

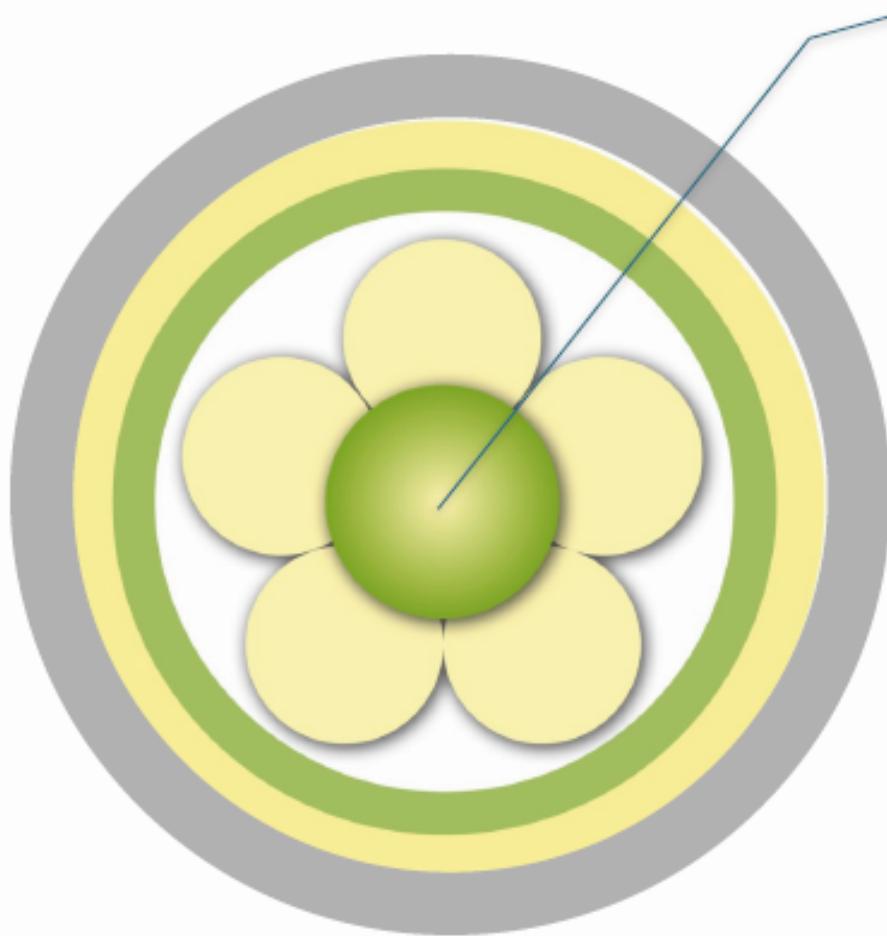
Person-centred Practice Framework



- Globally adopted
- Translated into 3 languages
- Underpinning strategy and policy frameworks
- Curriculum framework
- Theoretical framework in research
- Instrument development
 - PCPI-S
 - PCPI-SU
 - PCPI-ST
- Model development & testing

(McCormack & McCance 2017)

Outcomes

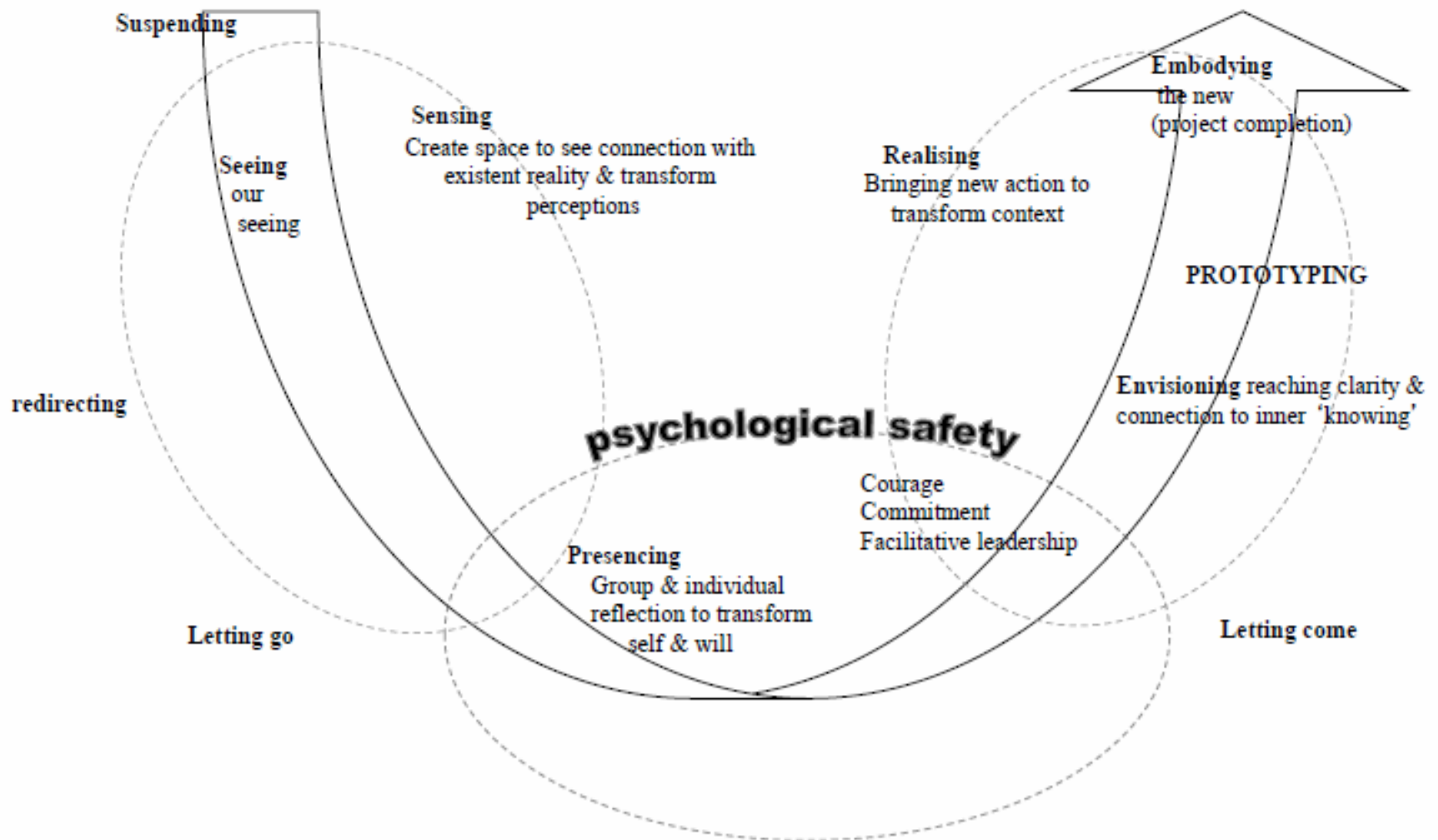


- Experience of Good Care
- Involvement with Care
- Feeling of Well-Being
- Existence of a Healthful Culture

Measured By:

- Person-centred Practice Inventory (PCPI-S; PCPI-SU; PCPI-ST)
- Observations of Practice
- Narrative & Stories
- Routine data

Capacities of the U movement (Brown & McCormack 2010, adapted from Senge, Sharmer et al 2005).



Psychologically Unsafe Environments: characterised by ...

- Misuse of power and lack of autonomy
- Horizontal violence and oppressed behaviours
- Transactional leadership

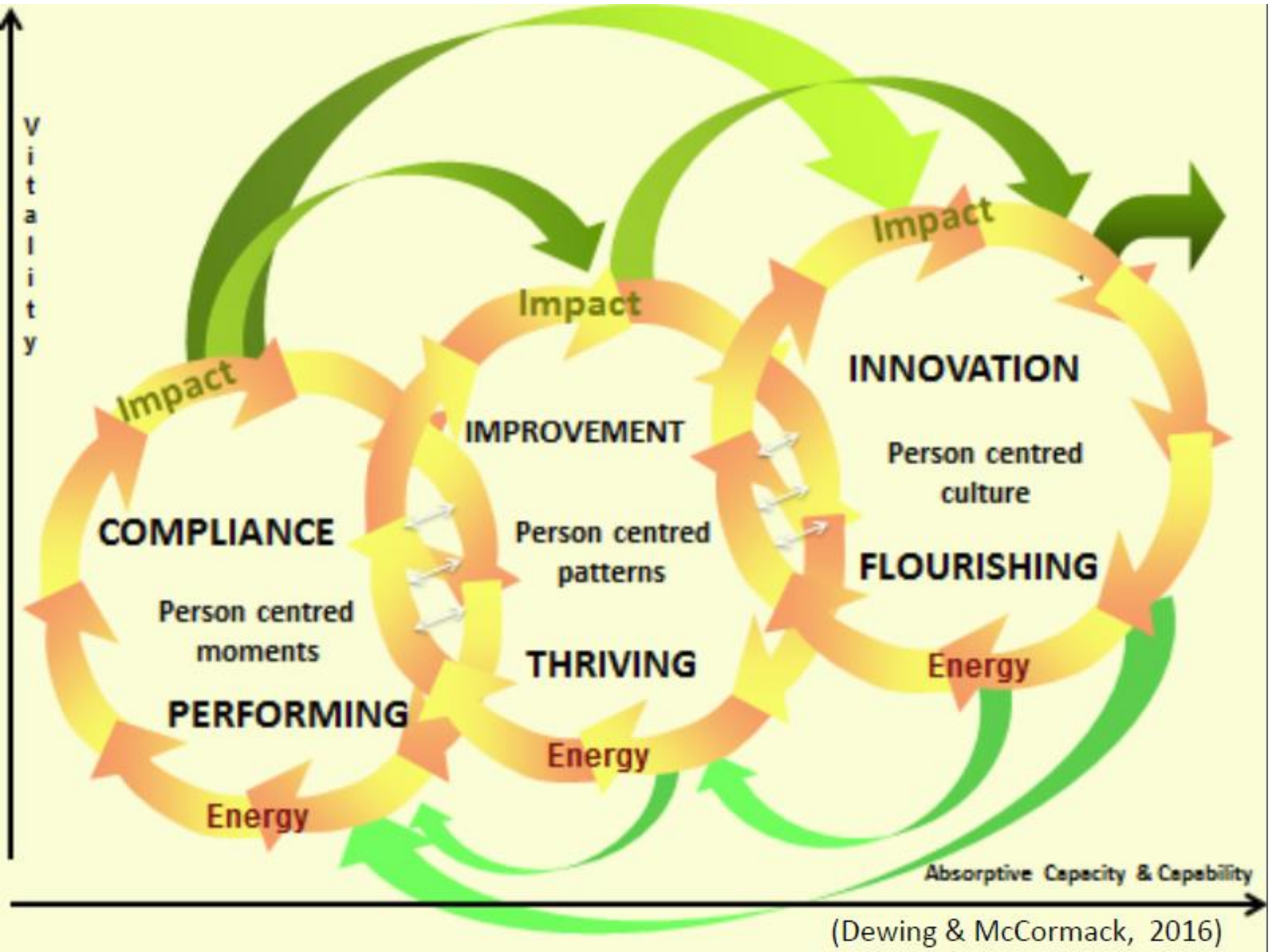
(Brown & McCormack 2010)

Trust

“Trust is not of our own making; it is given. Our life is so constituted that it cannot be lived except as one person lays him or herself open to another person and puts him or herself into that person’s hands either by showing or claiming trust. **By our very attitude to another we help to shape that person’s world. By our attitude to the other person we help to determine the scope and hue of his or her world; we make it large or small, bright or drab, rich or dull, threatening or secure.** We help to shape his or her world not by theories and views but by our very attitude towards him or her.”

(Knud Ejler Løgstrup)







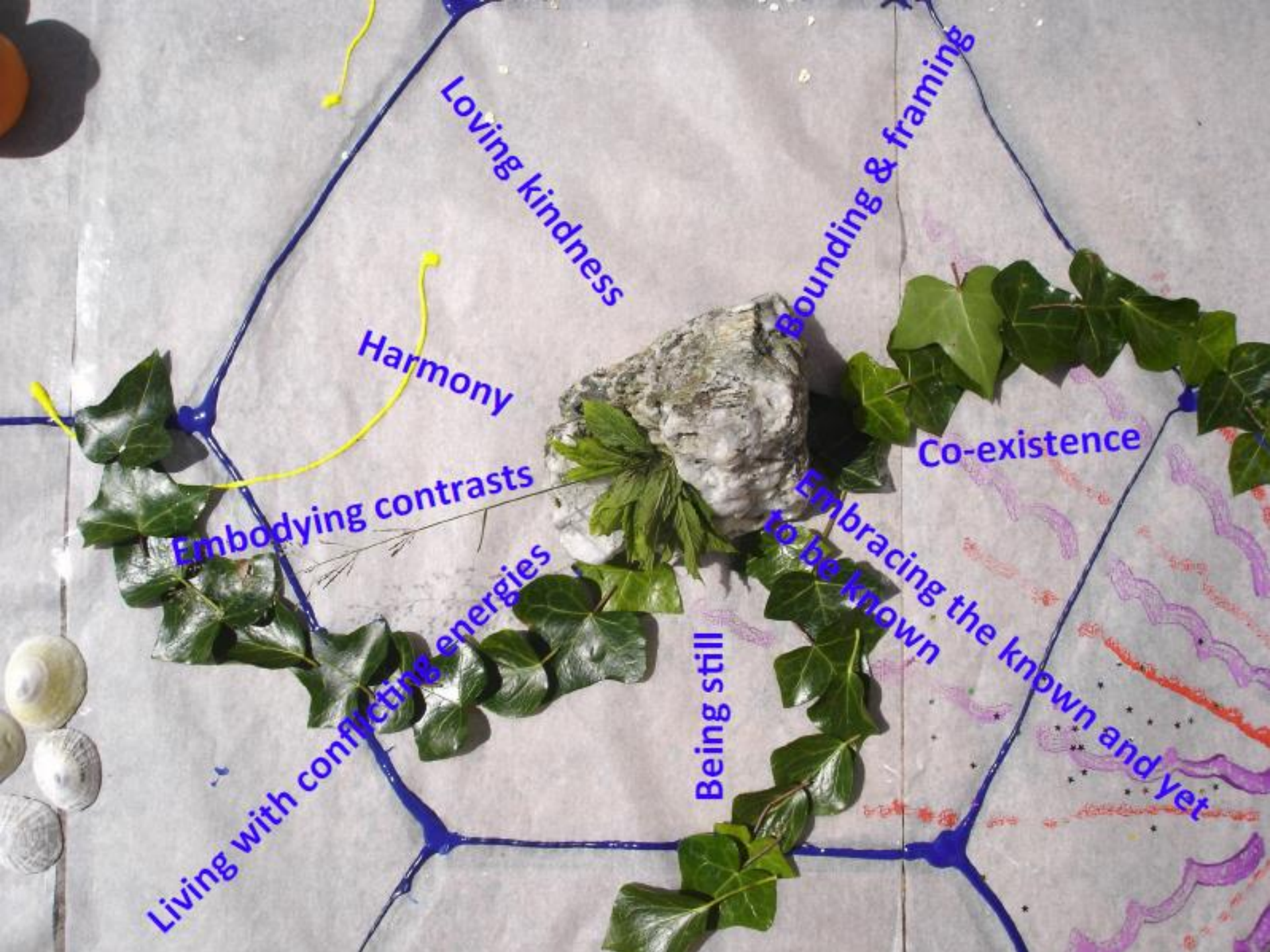
- human flourishing is about individuals being in a continued state of well-being and being at their best for prolonged periods of time and when they're not, they have the resilience to bounce back stronger (*Seligman 2012*)

Human flourishing occurs when we bound and frame naturally co-existing energies, when we embrace the known and yet to be known, when we embody contrasts and when we achieve stillness and harmony. When we flourish we give and receive loving kindness.

(McCormack & Titchen, 2015)







Loving kindness

Bounding & framing

Harmony

Co-existence

Embodying contrasts

Embracing the known and yet to be known

Living with conflicting energies

Being still



CRITICAL CREATIVITY

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Critical Creativity: Melding, Exploding, Blending

Search ...

SEARCH

RECENT POSTS

1. Bounding and framing

Rock, tall harsh and strong,
Bounding framing tunnelling focus,
Gentle new growth,
Delicate existence in the rocky landscape
Respecting the vastness of the total ecology,
Flooding with joy - suffusing every cell in my body,
Honeycombed cells connecting permeable membranes,
Inner world echoes outer.

**Strength &
Gentleness**

Being Strong
Background
&
Foreground



LOVING KINDNESS

2. Co-existence

Tangled roots of life and love bursting energy
fragrance

Lily pond holding energies

Coexistence of beauty strength life and living

Clarity wind speaking
loving kindness

Wind music grasses
fuscias dancing

Ferns bright green holding
sun energy



Energies

CONNECTIVITY

3. Embracing the known and yet to be known

Sacred earth rooted
Hidden gems around each corner
Beauty unfolding with each new step

*Connected
Relationships*

Engagement
*Living each
Moment*



Candles burning in protected space
Welcoming strangers into the known
Scented white smoke of beauty loving kindness
Growing into light reaching full potential

4. Living with conflicting energies

Moments of Crisis

Challenge as a Mental Jolt

The unexpected request from afar
Responding generously, appreciating its meaning
Re-entering the space, connecting and reconnecting
Managing feelings of being overwhelmed

Staying focused on the particular, the present, the here, the now
Re-entering the calm place for reconnecting
Holding strong, seeing meaning



5. Being still

Complementary Spaces

Creating Stillness



Respecting stillness, the quiet, the peace
The beauty of nature and what it creates
Spiralling vortex of shell sculpture
Imbuing meaning of the sacred, its connections with earth
Human flourishing bringing new meaning

*Clutter &
Busyness*

6. Embodying contrasts

White daisies dancing against blue sky.

Daisy faces uplifted towards the sun

Purity

Whiteness

Temple for honouring the space within

For giving, receiving, thanking and respecting

Flowers adorning

Acknowledging the beauty of place

Connections from afar

The Seemingly
Insignificant

**Appreciating
Contrasts**

Juxtapositions



7. Harmony

The spirits that hold us, the place that is
No beginning no end
Movement and stillness
In harmony, grace and flourishing

No beginning, no end

Capacity to be
Human



8. Loving Kindness

“we all have something
of each others lives in
the palms of our hands”

(Martinsen 2006)



**SUCCESS IS NOT THE
KEY TO HAPPINESS.
HAPPINESS IS THE
KEY TO SUCCESS. IF
YOU LOVE WHAT YOU
ARE DOING, YOU WILL
BE SUCCESSFUL.**

HERMAN CAIN