

Nursing's contribution to Scotland's health

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| 08.30 | Registration and refreshments | |
| 09.00 | Trustee Welcome | |
| 09.05 | Chair's opening remarks | Aisha Holloway |
| 09.10 | Opening address 'Nursing's contribution to Scotland's health' | Jeane Freeman |
| 09.30 | 2020 The Year of the Nurse and Midwife | Barbara Stillwell |
| 10.00 | Three examples: <ul style="list-style-type: none"> • Contribution to the best possible start in life • Contribution to Scotland's drug death crisis • Contribution to living well with dementia | |
| 10.30 | Break | |
| 11.00 | Workshop 1 | |
| | Discover your voice | Julie Harvey |
| | Yoga | Lorraine Close |
| | Caring for ourselves as we care for others | Jenny Patterson |
| | Storytelling Skills | Janis Mackay, Kath Macdonald |
| | Food insecurity in Scotland | Flora Douglas, Bill Gray, Andrew Strong |
| | The compassion salon | Marti Balaam, Harriet Harris |
| | Stop the drug deaths – system thinking and the nurse | Carol Chamberlain, Rachel McREeady, Coleen Mcleod |
| 12.00 | Lunch | |
| 13.00 | Workshop 2 | |
| | Discover your voice | Julie Harvey |
| | Yoga | Lorraine Close |
| | Becoming a Catalyst for Change | Jonathan Sher |
| | Why trauma is everyone's business | Jennie Young |
| | Poverty in Scotland, what every nurse needs to know | Mark Willis |
| | Excellence in Care – what does good look like? | Erica Reid, Norma Dodds, Judy Sinclair |
| | Namaste care – touching into the experience | Jo Hockley, Lesley Wylie, Lorna Reid |
| 14.05 | Welcome back | |
| 14.10 | The Health of Scotland - scale of the challenge | Harry Burns |
| 14.40 | Nurses as champions of public health | Laura Serrant |
| 15.10 | Nursing Scotland's Future | Fiona McQueen |
| 15.30 | Chair's summary of the day | Aisha Holloway |
| 15.45 | Close | |