

Nursing's contribution to Scotland's health

08.30	Registration and refreshments	
09.00	Welcome from QNIS	
09.05	Chair's opening remarks	Aisha Holloway
09.10	Telling our story	Clare Cable
09.20	Opening address 'Nursing's contribution to Scotland's health'	Jeane Freeman
09.30	2020: The Year of the Nurse and Midwife	Barbara Stillwell
10.00	Three examples: <ul style="list-style-type: none"> • Contribution to the best possible start in life • Contribution to Scotland's drug death crisis • Contribution to living well with dementia 	
10.30	Break	
11.00	Workshop 1	
	Discover your voice	Julie Harvey
	Yoga	Lorraine Close
	Caring for ourselves as we care for others	Jenny Patterson
	Storytelling Skills	Janis Mackay, Kath Macdonald
	Food insecurity in Scotland	Flora Douglas, Bill Gray, Andrew Strong
	The compassion salon	Marti Balaam, Harriet Harris
	Stop the drug deaths – system thinking and the nurse	Carol Chamberlain, Rachel McReady, Coleen Mcleod
12.00	Lunch	
13.00	Workshop 2	
	Discover your voice	Julie Harvey
	Yoga	Lorraine Close
	Becoming a Catalyst for Change	Jonathan Sher
	Why trauma is everyone's business	Jennie Young
	Poverty in Scotland, what every nurse needs to know	Mark Willis
	Excellence in Care – what does good look like?	Erica Reid, Norma Dodds, Judy Sinclair
	Namaste care – touching into the experience	Jo Hockley, Lesley Wylie, Lorna Reid
14.05	Welcome back	
14.10	The Health of Scotland - scale of the challenge	Harry Burns
14.40	Nurses as champions of public health	Laura Serrant
15.10	Nursing Scotland's Future	Fiona McQueen
15.30	Chair's summary of the day	Aisha Holloway

15.45	Close
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